

NEW DISCOVERIES

FPG mini workshop September 2013

SESSION: New Discoveries

AGENDA (1 ½-2 hours)

1. Welcome
2. Agenda Review
3. Gathering: My name and something I've recently discovered (or rediscovered)
4. Small groups: Something that is working for me
5. AVP Update
6. Close: A feeling I'm taking away for tonight (one word).

This session was presented at the beginning of Spring, in a First Friday Gathering, the monthly support group meeting for AVP Sydney, Australia.